

Education Relaxation Rejuvenation

THE RETURN OF DESIRE

Opening Our Hearts • Trusting Our Bodies • Enriching Our Lives
Puerto Vallarta, Mexico, February 27 – March 6, 2010

(arrive February 27, depart March 6)

Gina Ogden, PhD, LMFT

"Gina is wonderful—a combination of grounded earthy energy and spirituality."—Participant, New York Open Center

"Gina's work is the missing link to empowerment. She presents a do-able theory and real ways to apply it. She offers a rebirthing of the self that really works. It's simple, it's alive, it's available today without 2,000 years of therapy. She is simply amazing!" —Participant, Kripalu Center for Yoga and Health

"You're brilliant—you are doing your soul work and giving it away! What more could be asked for except to have that gift be received by MANY. — Participant, American Assoc. of Sexuality Educators, Counselors, and Therapists (AASECT)

Casa de los Artistas and its villas are built with the jungle and mountains behind them, with the river and ocean at their front door.

Your All-Inclusive Cost Includes this and more:

- 6 Workshop days (Sunday–Friday) —18 hours of seminar time
- 18 CEs for AASECT Sexuality Professionals
- 7 nights accommodation (single or double occupancy)
- 7 breakfasts, 6 lunches and 6 dinners at oceanside restaurants
- Lunch and tequila-tasting at mountaintop hacienda
- Puerto Vallarta excursion for gallery walking tour, shopping & city life

Total Cost: \$1,895. Non-participant guest: \$1,095.

Early Bird Special: Register by December 31, Save \$250. – \$1,645.

Join us in the unique tropical environment of Casa de Los Artistas, in the charming fishing village of Boca de Tomatlan, 10 miles south of Puerto Vallarta on Mexico's gorgeous Pacific coast. Here inspiration abounds, with tropical flora, fauna, and all the beauty the sun, surf and sea have to offer.

Dr. Gina Ogden –The Return of Desire • Opening our Hearts • Trusting Our Bodies • Enriching Our Lives
At Casa de Los Artistas, 2/27 – 3/6, 2010. For health professionals and their partners and others interested in diving deeper...

"Why do so many of us reflect on our lives and relationships and ask, "Isn't there supposed to be something more?"

In these turbulent times it's crucial to remember who we are, and to reconnect with our most precious resources – compassion, creativity, resilience, and perhaps above all the capacity to enjoy pleasure and reach out to community. This week, we'll create a safe, healing environment where we can listen to the profound wisdom of our hearts. We'll ally with the elements and the beauties of the natural world that sustains us. We'll merge scientific truths with sacred ceremony and down-to-earth exercises that connect us with each other and the power of our life stories. Our work together is based on the principle that supportive sharing about love, desire, and our collective journeys can inspire us, enrich our lives, and enhance our ability to help others.

Gina Ogden's transformational "ISIS" practice will teach you innovative ways to:

- Create heart-to-heart communication in your intimate relationships
- Cultivate your potential for creativity throughout your life-span.
- Transcend guilt, shame, and "Mars/Venus" messages
- Heal the sexual wounds of abuse, violence, and addiction
- Rejuvenate and nourish yourself even in stressful times

Dr. Gina Ogden is a family therapist, sex therapist, longtime student of ceremonial shamanism, and author of **The Heart and Soul of Sex, Women Who Love Sex, and The Return of Desire.**

Her pioneering survey on sexuality and spirituality (ISIS) provides scientific foundation for her transformational workshops and retreats. Gina's work has fans all over the world, including cultural historian Riane Eisler, holistic physician Christiane Northrup, and couples expert Esther Perel. She has keynoted scientific conferences and appeared on media shows from talk radio to Oprah. See more at: www.ginaogden.com

Women and men of all ages and all sexual and spiritual orientations are welcome —with or without a partner.

Additional activities available at the Casa:

- Scuba Diving • Snorkeling • Sea Kayaking
- Boat trip to explore the dramatic local coastline and picnic on secluded beaches
- Horseback riding to El Eden Waterfalls
- Massage • Botanical Gardens • Hiking Jungle Trails
- Painting & drawing lessons and exercises

**SEMINAR IS LIMITED TO 16—
REGISTER NOW TO RESERVE YOUR PLACE!**

**Information & Registration: (413) 625-8382
See the Casa at www.CasaDeLosArtistas.com**